

The CT Stellar Care Chronicle



Collwood Terrace Stellar Care * 4518 54th Street * San Diego, CA 92115 * p 619-287-2920 * f 619-286-8534

Miscellaneous Announcements

** Family Support Group meeting will be held on the 1st and 3rd Tuesday. Families are invited to join us in the Library on the first floor.

** To assist with shaving in the morning, it would be helpful to have **electric shavers/razors** for our residents. Please consider purchasing one for your loved one.

**We are proud to offer Massages by Christy, every Thursday from 2-5. It's \$30 for a half hour or \$60 for a full a full hour massage. You or your loved one will feel soooo good after a relaxing massage.

** Do you have a family member, friend, or neighbor who would like to receive this newsletter? Please leave a note or email Barbara with their name and address.



SAVE A TREE! GO GREEN!

Email barbaram@collwoodterrace.com to have this newsletter and/or monthly invoice emailed to you each month.

May Birthdays

If you were born from May 20-May 20 you are a Taurus, the Bull. If you were born from May 21-June 21, you are a Gemini, the Twins. Taurus is the sign of practicality. These people are faithful, with a need for security and routines, and also possess incredible endurance. Geminis focus their energies on intelligence and communication. They love using their minds to fully express themselves, and they often find great success as a result.

Dorothy S.	May 7 th
Amanda B.	May 9 th
Jacquelin S.	May 9 th
Viola W.	May 11 th
Rod B.	May 16 th
Constance O.	May 16 th
James R.	May 20 th
Dan M.	May 20 th
Audie L.	May 23 rd
Callie H.	May 24 th



Celebrating May

Clean Air Month

Motorcycle Safety Month

Cinco de Mayo

May 5

Kentucky Derby

May 7

Women's Health Week

May 8-14

Linda Cho

Director of Operations

Barbara Moore

Director of Business and Finance

Emma Slabbert

Director of Community Relations

Annelie Damasco

Director of Assisted Living

Susan O'Shaughnessy

Director of Marketing

Roxanne Miller

Director of Activities

Chris Cho

Director of Plant Services and Housekeeping

Chris Moore

Director of Food Services



Oh the families are so wonderful
 They are truly a delight
 Except when they forget to sign in & out
 When taking loved ones out at day or at night

Oh the stories told and the laughs shared
 Are a treat for the whole Stellar Care bunch
 If only those treats were the only ones
 Left for the residents to munch



For sweets and goodies too much for one
 Are so generously shared with others
 But one forgets that dietary restrictions
 Must be watched by the eagle eye of the caregivers



Creams and lotions, tooth brushes and pastes
 Body washes and hair brushes and more
 Wonderful toiletries to make life easier
 Must be replenished and restored

We've many fairies and elves that fly around
 Collecting laundry to be washed and delivered all day
 But alas, with no names on some items, it's tough
 And blouses and pants go astray.



Clothing and garments, both under and over
 As well as shoes and comforters and such
 Are worn and washed and sometimes get frayed
 So please check and replace, thanks very much!

One additional request, made by our nurse
 Who runs around all day, with lost eye glasses
 Please, find those thing-a-ma-jig holders for around the neck
 Chains, strings, (superglue??) for our masses!



So this is the end of my very poor poetry
 I only do it to get a laugh or two
 When making nagging requests of ones I love
 And that, dear families, would include you

I thank every day for the job that I have
 For it's a privilege and a delight
 To see my residents and their families
 Be OK for this night



God bless you all. ❤️



Linda Cho
 Director of Operations

CT Stellar Care's Employee of the Month

Sarita Sanchez
Caregiving Department

Congratulations, Sarita, on providing
Stellar Care!

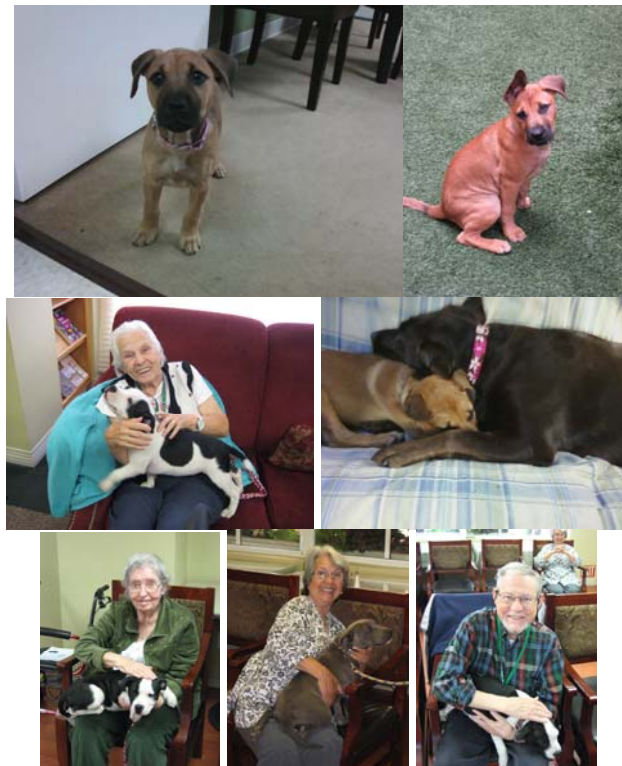
Currently not in Please leave a message.
. Beeeep!



Our community is cooking up some creativity



The **Bella-of-the-Ball** and friends



RESIDENT RAVE:

Frances D'Acquisto
The Beloved Mama D

Frances was born to Francesco and Giovanina Piraino in San Diego's Little Italy neighborhood. Born in July 1992, Frances was one of five children - three sisters and two brothers all living in San Diego.

When Frances was 20, she met Fred D'Acquisto at Our Lady of the Rosary (the church in which Frances' parents were heavily involved). Fred moved to San Diego from Milwaukee, Wisconsin on December 7, 1941. Frances and Fred became engaged, however, Frances' father would not allow Frances to marry until Fred returned from WWII.

Frances had a passion for sewing since the age of 12 and began working as a seamstress at a dry cleaners, then sewing for the military. When the military men would come to meet the tailor, they were surprised to find that Frances was the tailor. She became known for her skills and precision with military alterations.

When Frances finally married in 1946, she had three children, Fred Jr., John and Jeannette. From then on, Frances became a very hands-on "Sicilian Mother." When the children were born, Frances stopped working and became very active. She was always involved in all the school activities, participating in every school field trip, assisted her husband as President of the Father's Club for St. Augustine High School. All the kids loved Frances, affectionately known as Mama D.

Frances loved to cook and after the boys' football game they would have everyone over for spaghetti dinner. Her home would be swarming with high school students. During one party there were so many kids that the screens were taken off the windows to pass the plates of pasta to all the hungry kids. Even after growing up, Jeannette, Frances' youngest, lived across the street from Frances. When Jeannette had her daughter, Frances insisted on taking care of her granddaughter so that she received lots of love. Frances was a homebody, but she and Fred enjoyed their yearly trips to Las Vegas and several trips to Hawaii.

Frances lives with us now at Stellar Care, sharing all the love she has with staff and visitors.



STAFF SPOTLIGHT:

Brenda "Brown Sugar" Elliott

Brenda has been with us at Stellar Care since we began three years ago. Altogether, she has worked as a caregiver for over twelve years. Taking care of her residents is a mission for Brenda, for she likes to see her residents "looking good" every morning. Giving 100% makes a difference, Brenda feels, and it makes her job worthwhile, seeing her residents well cared for.

When Brenda gets off of work, she makes a point of spending time with her dad every day. He lives in the building across the street from ours, so he comes out to wait for her every day. She crosses the street, greets him then they're off to get a treat or two before spending time back at his apartment where she oversees his care until she goes home to her three (mostly grown) kids. A full load? Maybe, but Brenda feels blessed that she is able to do this for her family. A single mom, she has raised wonderful kids with two in college, and one in high school, where her daughter has raised the most money of any other students, allowing her to go to the summer cheerleading camp. (Brenda wants to thank the staff of Collwood Terrace Stellar Care and Dr. Duffy, for the generous purchases and contribution)

Brenda's favorite relaxation is to sit with Snoopy, her poodle, sharing a bowl of *Chunky Monkey* ice cream. (She only gives Snoopy the ice cream part, no chunks ☺) We'll raise a bowl of *Chunky Monkey* to you Brenda, and thank you for all that you do.

MARK YOU CALENDARS...

Join Stellar Care at Collwood as our **San Diego Padres** take on the Colorado Rockies on **Sunday, July 31st at 1pm**



\$25.00/ticket (\$35 value)

These are great tickets on the 1st base foul line, in the shade, near the restrooms and concession stands.