

Collwood Terrace Stellar Care – Activities Calendar

January 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>New Year's Day 1</p> <p>9:00am Morning News </p> <p>9:30am Get Fit</p> <p>10:15am Morning Snack</p> <p>11:00am Group Story Time</p> <p>1:30pm Wii Game 4D / Movie 3L</p> <p>2:00pm Walk About / Sing Along</p> <p>2:30pm Blueberry Muffin Social</p> <p>3:00pm Game Day</p> <p>6:00pm Bingo / Movie 3L</p> <p>7:00pm Evening Arts & Crafts</p> <p>8:00pm Nature Ch-11</p>	<p>9:00am Morning News 2</p> <p>9:30am DVD Workout</p> <p>10:15am Morning Snack</p> <p>11:00am Trivia / Scrabble</p> <p>1:30pm Arts & Crafts / Movie 3L</p> <p>2:30pm Walk About / Fitness</p> <p>3:00pm Wii Game 2D / Painting</p> <p>4:00pm Reminiscence / Sing Along</p> <p>6:00pm Penny Bingo / Movie 3L</p> <p>7:00pm Game Night</p> <p>8:00pm Who's Still Standing Ch-7</p>	<p>9:00am Morning News 3</p> <p>9:30am Weight Workout </p> <p>10:15am Morning Snack</p> <p>11:00am Music with Joseph</p> <p>1:30pm MIM 4D / Movie 3L</p> <p>2:30pm Afternoon Workout</p> <p>3:00pm Black Jack / Poker</p> <p>4:00pm Trivia / Guessing Game</p> <p>6:00pm Bead Making / Movie 3L</p> <p>7:00pm Painting / Puzzle Time</p> <p>8:00pm NCIS Ch-8</p>	<p>9:00am Morning News 4</p> <p>9:30am DVD Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Outing - Movies</p> <p>1:30pm Arts & Crafts / Movie 3L</p> <p>2:30pm Wii Game 4D / Reel-to-Real</p> <p>3:00pm Charades / Bingo 2D</p> <p>4:00pm Story Time</p> <p>6:00pm Checkers / Movie 3L</p> <p>7:00pm Drawing / Games</p> <p>8:00pm ABC Movie Night Ch-19</p>	<p>9:00am Morning News 5</p> <p>9:30am Fitness Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Lap Bingo</p> <p>1:30pm Let's Make a Deal / Movie 3L</p> <p>2:30pm Sing Along / Reminiscence</p> <p>3:00pm Word Games</p> <p>4:00pm Vocabulary Quiz</p> <p>6:00pm Poetry Time / Movie 3L</p> <p>7:00pm Board Games</p> <p>8:00pm Wipeout Ch-10</p>	<p>9:00am Morning News 6</p> <p>9:30am DVD Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Bowling / Concentration</p> <p>1:30pm Collage Making / Movie 3L</p> <p>2:30pm Math Trivia</p> <p>3:00pm Wii Game 4D / Checkers</p> <p>4:00pm Afternoon Workout</p> <p>6:00pm Evening Arts & Crafts/Movie</p> <p>7:00pm Painting / Scrabble</p> <p>8:00pm AFV Ch-19</p>	<p>9:00am Morning News 7</p> <p>9:30am Fitness Workout </p> <p>10:15am Morning Snack</p> <p>10:30am Hand Held Bingo</p> <p>1:30pm Manicures 4D / Movie 3L</p> <p>1:30pm Men's Group 2D</p> <p>3:00pm Sing Along / Music</p> <p>4:00pm Afternoon Workout</p> <p>6:00pm Black Jack / Movie 3L</p> <p>7:00pm Dominoes / Playing Cards</p> <p>8:00pm Cops Ch-5</p>
<p>9:00am Morning News 8</p> <p>9:30am Get Fit</p> <p>10:15am Morning Snack</p> <p>11:00am Group Story Time</p> <p>1:30pm Wii Game 4D / Movie 3L</p> <p>2:00pm Walk About / Sing Along</p> <p>2:30pm Pizza Social </p> <p>3:00pm Game Day</p> <p>6:00pm Bingo / Movie 3L</p> <p>7:00pm Evening Arts & Crafts</p> <p>8:00pm Nature Ch-11</p>	<p>9:00am Morning News 9</p> <p>9:30am Drawing with Emily</p> <p>10:15am Morning Snack</p> <p>11:00am Trivia / Res. Council</p> <p>1:30pm Arts & Crafts / Movie 3L</p> <p>2:30pm Walk About / Fitness</p> <p>3:00pm Wii Game 2D / Painting</p> <p>4:00pm Reminiscence / Sing Along</p> <p>6:00pm Penny Bingo / Movie 3L</p> <p>7:00pm Game Night</p> <p>8:00pm Who's Still Standing Ch-7</p>	<p>9:00am Morning News 10</p> <p>9:30am Weight Workout</p> <p>10:15am Morning Snack</p> <p>11:30am Drumming with Kat</p> <p>1:30pm MIM 4D / Movie 3L</p> <p>2:30pm Afternoon Workout</p> <p>3:00pm Black Jack / Poker</p> <p>4:00pm Trivia / Guessing Game</p> <p>6:00pm Bead Making / Movie 3L</p> <p>7:00pm Painting / Puzzle Time</p> <p>8:00pm NCIS Ch-8</p>	<p>9:00am Morning News 11</p> <p>9:30am DVD Workout </p> <p>10:15am Morning Snack</p> <p>10:30am Outing - Train Ride</p> <p>1:30pm Arts & Crafts / Movie 3L</p> <p>2:30pm Wii Game 4D / Reel-to-Real</p> <p>3:00pm Charades / Bingo 2D</p> <p>4:00pm Story Time</p> <p>6:00pm Checkers / Movie 3L</p> <p>7:00pm Drawing / Games</p> <p>8:00pm ABC Movie Night Ch-19</p>	<p>9:00am Morning News 12</p> <p>9:30am Fitness Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Music with Alice</p> <p>1:30pm Let's Make a Deal / Movie 3L</p> <p>2:30pm Sing Along / Reminiscence</p> <p>3:00pm Word Games</p> <p>4:00pm Vocabulary Quiz</p> <p>6:00pm Poetry Time / Movie 3L</p> <p>7:00pm Board Games</p> <p>8:00pm Wipeout Ch-10</p>	<p>9:00am Morning News 13</p> <p>9:30am DVD Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Music with Alice</p> <p>1:30pm Collage Making / Movie 3L</p> <p>2:30pm Math Trivia</p> <p>3:00pm Wii Game 4D / Checkers</p> <p>4:00pm Afternoon Workout</p> <p>6:00pm Evening Arts & Crafts/Movie</p> <p>7:00pm Painting / Scrabble</p> <p>8:00pm AFV Ch-19</p>	<p>9:00am Morning News 14</p> <p>9:30am Fitness Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Hand Held Bingo</p> <p>1:30pm Manicures 4D / Movie 3L</p> <p>1:30pm Men's Group 2D</p> <p>3:00pm Sing Along / Music</p> <p>4:00pm Afternoon Workout</p> <p>6:00pm Black Jack / Movie 3L</p> <p>7:00pm Dominoes / Playing Cards</p> <p>8:00pm Cops Ch-5</p>
<p>9:00am Morning News 15</p> <p>9:30am Get Fit</p> <p>10:15am Morning Snack</p> <p>11:00am Group Story Time</p> <p>1:30pm Wii Game 4D / Movie 3L</p> <p>2:00pm Walk About / Sing Along</p> <p>2:30pm Hot Coco & Snack Social</p> <p>3:00pm Game Day</p> <p>6:00pm Bingo / Movie 3L</p> <p>7:00pm Evening Arts & Crafts</p> <p>8:00pm Nature Ch-11</p>	<p>Martin Luther King Jr. 16</p> <p>9:00am Morning News </p> <p>9:30am DVD Workout</p> <p>10:15am Morning Snack</p> <p>11:00am Trivia / Scrabble</p> <p>1:30pm Arts & Crafts / Movie 3L</p> <p>2:30pm Res. Birthday Party</p> <p>3:00pm Wii Game 2D / Painting</p> <p>4:00pm Reminiscence / Sing Along</p> <p>6:00pm Penny Bingo / Movie 3L</p> <p>7:00pm Game Night</p> <p>8:00pm Who's Still Standing Ch-7</p>	<p>9:00am Morning News 17</p> <p>9:30am Weight Workout</p> <p>10:15am Morning Snack</p> <p>11:00am Puppy Time</p> <p>1:30pm MIM 4D / Movie 3L</p> <p>2:30pm Afternoon Workout</p> <p>3:00pm Black Jack / Poker</p> <p>4:00pm Trivia / Guessing Game</p> <p>6:00pm Bead Making / Movie 3L</p> <p>7:00pm Painting / Puzzle Time</p> <p>8:00pm NCIS Ch-8</p>	<p>9:00am Morning News 18</p> <p>9:30am DVD Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Outing - Bowling</p> <p>1:30pm Arts & Crafts / Movie 3L</p> <p>2:30pm Wii Game 4D / Reel-to-Real</p> <p>3:00pm Charades / Bingo 2D</p> <p>4:00pm Story Time</p> <p>6:00pm Checkers / Movie 3L</p> <p>7:00pm Drawing / Games</p> <p>8:00pm ABC Movie Night Ch-19</p>	<p>9:00am Morning News 19</p> <p>9:30am Fitness Workout </p> <p>10:15am Morning Snack</p> <p>10:30am Music with Alice</p> <p>1:30pm Let's Make a Deal / Movie 3L</p> <p>2:30pm Sing Along / Reminiscence</p> <p>3:00pm Word Games</p> <p>4:00pm Vocabulary Quiz</p> <p>6:00pm Poetry Time / Movie 3L</p> <p>7:00pm Board Games</p> <p>8:00pm Wipeout Ch-10</p>	<p>9:00am Morning News 20</p> <p>9:30am DVD Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Music with Alice</p> <p>1:30pm Collage Making / Movie 3L</p> <p>2:30pm Math Trivia</p> <p>3:00pm Wii Game 4D / Checkers</p> <p>4:00pm Afternoon Workout</p> <p>6:00pm Evening Arts & Crafts/Movie</p> <p>7:00pm Painting / Scrabble</p> <p>8:00pm AFV Ch-19</p>	<p>9:00am Morning News 21</p> <p>9:30am Fitness Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Hand Held Bingo</p> <p>1:30pm Manicures 4D / Movie 3L</p> <p>1:30pm Men's Group 2D</p> <p>2:30pm Claremont Church</p> <p>4:00pm Afternoon Workout</p> <p>6:00pm Black Jack / Movie 3L</p> <p>7:00pm Dominoes / Playing Cards</p> <p>8:00pm Cops Ch-5</p>
<p>9:00am Morning News 22</p> <p>9:30am Get Fit</p> <p>10:15am Morning Snack</p> <p>11:00am Group Story Time</p> <p>1:30pm Wii Game 4D / Movie 3L</p> <p>2:00pm Walk About / Sing Along</p> <p>2:30pm Ice Cream Social </p> <p>3:00pm Game Day</p> <p>6:00pm Bingo / Movie 3L</p> <p>7:00pm Evening Arts & Crafts</p> <p>8:00pm Nature Ch-11</p>	<p>Lunar New Year 23</p> <p>9:00am Morning News </p> <p>9:30am Drawing with Emily</p> <p>10:15am Morning Snack</p> <p>11:00am Trivia / Scrabble</p> <p>1:30pm Arts & Crafts / Movie 3L</p> <p>2:30pm Chop Stick Games</p> <p>3:00pm</p> <p>4:00pm Reminiscence / Sing Along</p> <p>6:00pm Penny Bingo / Movie 3L</p> <p>7:00pm Game Night</p> <p>8:00pm Who's Still Standing Ch-7</p>	<p>9:00am Morning News 24</p> <p>9:30am Weight Workout</p> <p>10:15am Morning Snack</p> <p>11:30am Drumming with Kat</p> <p>1:30pm MIM 4D / Movie 3L</p> <p>2:30pm Afternoon Workout</p> <p>3:00pm Black Jack / Poker</p> <p>4:00pm Trivia / Guessing Game</p> <p>6:00pm Bead Making / Movie 3L</p> <p>7:00pm Painting / Puzzle Time</p> <p>8:00pm NCIS Ch-8</p>	<p>9:00am Morning News 25</p> <p>9:30am DVD Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Outing - Scenic Ride</p> <p>1:30pm Arts & Crafts / Movie 3L</p> <p>2:30pm Wii Game 4D / Reel-to-Real</p> <p>3:00pm Charades / Bingo 2D</p> <p>4:00pm Story Time</p> <p>6:00pm Checkers / Movie 3L</p> <p>7:00pm Drawing / Games</p> <p>8:00pm ABC Movie Night Ch-19</p>	<p>9:00am Morning News 26</p> <p>9:30am Fitness Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Music with Alice</p> <p>1:30pm Let's Make a Deal / Movie 3L</p> <p>2:30pm Sing Along / Reminiscence</p> <p>3:00pm Word Games</p> <p>4:00pm Vocabulary Quiz</p> <p>6:00pm Poetry Time / Movie 3L</p> <p>7:00pm Board Games</p> <p>8:00pm Wipeout Ch-10</p>	<p>9:00am Morning News 27</p> <p>9:30am DVD Workout</p> <p>10:15am Morning Snack</p> <p>10:30am Music with Alice</p> <p>1:30pm Collage Making / Movie 3L</p> <p>2:30pm Math Trivia</p> <p>3:00pm Wii Game 4D / Checkers</p> <p>4:00pm Afternoon Workout</p> <p>6:00pm Evening Arts & Crafts/Movie</p> <p>7:00pm Painting / Scrabble</p> <p>8:00pm AFV Ch-19</p>	<p>9:00am Morning News 28</p> <p>9:30am Fitness Workout </p> <p>10:15am Morning Snack</p> <p>10:30am Hand Held Bingo</p> <p>1:30pm Manicures 4D / Movie 3L</p> <p>1:30pm Men's Group 2D</p> <p>3:00pm Piano with Zina</p> <p>4:00pm Afternoon Workout</p> <p>6:00pm Black Jack / Movie 3L</p> <p>7:00pm Dominoes / Playing Cards</p> <p>8:00pm Cops Ch-5</p>
<p>9:00am Morning News 29</p> <p>9:30am Get Fit</p> <p>10:15am Morning Snack</p> <p>11:00am Group Story Time</p> <p>1:30pm Wii Game 4D / Movie 3L</p> <p>2:00pm Walk About / Sing Along</p> <p>2:30pm S'More Social</p> <p>3:00pm Game Day</p> <p>6:00pm Bingo / Movie 3L</p> <p>7:00pm Evening Arts & Crafts</p> <p>8:00pm Nature Ch-11</p>	<p>9:00am Morning News 30</p> <p>9:30am DVD Workout</p> <p>10:15am Morning Snack</p> <p>11:00am Trivia / Scrabble</p> <p>1:30pm Arts & Crafts / Movie 3L</p> <p>2:30pm Walk About / Fitness</p> <p>3:00pm Wii Game 2D / Painting</p> <p>4:00pm Reminiscence / Sing Along</p> <p>6:00pm Penny Bingo / Movie 3L</p> <p>7:00pm Game Night</p> <p>8:00pm Who's Still Standing Ch-7</p>	<p>9:00am Morning News 31</p> <p>9:30am Weight Workout</p> <p>10:15am Morning Snack</p> <p>11:00am Parachute / Bingo</p> <p>1:30pm MIM 4D / Movie 3L</p> <p>2:30pm Afternoon Workout</p> <p>3:00pm Black Jack / Poker</p> <p>4:00pm Trivia / Guessing Game</p> <p>6:00pm Bead Making / Movie 3L</p> <p>7:00pm Painting / Puzzle Time</p> <p>8:00pm NCIS Ch-8</p>	<p>Happy Birthday Wishes to:</p> <p></p> <p>Janie D. 1/1</p> <p>Bessie G. 1/1</p> <p>Kay K. 1/12</p> <p>Ella P. 1/12</p> <p>Marylou J. 1/17</p> <p>Toni P. 1/17</p> <p>Ginny D. 1/21</p> <p>Beverly S. 1/22</p> <p>Dorothy W. 1/30</p>	<p><u>Locations for Activities</u></p> <p>DR Dining Room</p> <p>2D 2nd Floor Dining Room</p> <p>3D 3rd Floor Dining Room</p> <p>3L 3rd Floor Lounge</p> <p>4D 4th Floor Dining Room</p>	<p style="text-align: center;">Alzheimer's Association Support Group</p> <p style="text-align: center;">meets every 1st & 3rd</p> <p style="text-align: center;">Tuesday of the month @ 6:30</p>	<p style="text-align: center;">Our Beauty Salon is now open on Thursday at 8:30am</p> <p style="text-align: center;"></p>